

This I Believe

As a fourteen year old, I am quite a distance away from being fully mature in my thoughts. I have yet to discover what I am meant for in this society, how to live life to the fullest, even finding what I truly believe in has been a difficulty. After doing a little soul-searching, I have concluded that my belief is not found in an inspirational quote or a famous phrase. In fact, it is merely four words that encompass the main matrix of what I believe in. Live, laugh, love and learn.

Living is not just surviving, drifting though each day meaninglessly. It is about appreciating every little thing around me, facing every difficulty with an open mind. There are times when I feel discontented and down with some events in my life. However, I soon realize that there are many things in life that I take for granted and even small gestures can bring a smile to my face and light up my whole day.

Laughter is an essential component in life. If you have never laughed wholeheartedly until the sides of your belly aches, then you have never truly understood the joy of laughing. In that moment of laughter, I forget all my worries, fears and uncertainties, it is a moment of pure joy. I love making people laugh because laughter is contagious. Research has also shown that laughter has many health benefits. I believe in laughing every chance that I have, because every minute that I stay angry is sixty seconds less of happiness I will be able to enjoy.

Love fuels life. Being loved is a wonderful feeling, so I feel that love should be reciprocal. Therefore I believe in trying my best to love everyone around me. My parents have showered me with love and concern. Therefore, I should repay with them with my utmost gratitude. My friends, teachers, classmates have also helped me in many ways, so I should love and treat them with equal respect.

Learning is a necessity in life. I believe that learning does not just take place in classrooms, it happens everywhere I go. It does not stop when I finish my diplomas, it goes on throughout my entire life. Knowledge in life is not just found in textbooks, but there are also many skills that I must pick up in life through experience. I improve and enrich myself by learning and also gain new knowledge in many different aspects.

The 4 Ls that I believe in may be very simple, but they mean a lot to me. They apply in everything single thing I do, and I try my best to stay true to them. My beliefs are a very important part of my life, because they shape who I am. These, are the building blocks of my life, and the foundation for my future.